

Growing, Changing, Joyful Women!

Seven Habit to Improve Life Evaluation

February 27, 2000

<i>Presentation</i>	<i>Very Helpful</i>	<i>Helpful</i>	<i>Not Helpful</i>
<i>Opening Activities</i>	✓		
<i>Setting</i>			✓
<i>Sharing Activities</i>			
<i>Journaling / Closure Activities</i>	Very		

Other comments:

Very hard for me to journal-

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<i>Opening Activities</i>	✓		
<i>Setting</i>		✓	
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>			✓

Other comments:

Need some more organization.

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<i>Opening Activities</i>	X		
<i>Setting</i>	X		
<i>Sharing Activities</i>	X		
<i>Journaling / Closure Activities</i>			X

Other comments:

would like to do this - but with a longer-
more indepth program. Need more than 2 hours
to get a lot out of it.

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<i>Opening Activities</i>	✓		
<i>Setting</i>	✓		
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>			

Other comments:

I love you so much for this seminar. It has reminded me of truths I knew and taught me new ones.

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<i>Opening Activities</i>		✓	
<i>Setting</i>		✓	
<i>Sharing Activities</i>		✓	
<i>Journaling / Closure Activities</i>		✓	

Other comments:

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<i>Opening Activities</i>	✓		
<i>Setting</i>	✓		
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>		✓	

Other comments:

like the power point presentation.

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<i>Opening Activities</i>		✓	
<i>Setting</i>		✓	
<i>Sharing Activities</i>		✓	
<i>Journaling / Closure Activities</i>			✓

Other comments:

a good seminar - I don't like journaling

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<i>Opening Activities</i>	✓		
<i>Setting</i>	✓		
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>		✓	

Other comments:

↓
If I could get into it!

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<i>Opening Activities</i>	✓		
<i>Setting</i>		✓	
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>		✓	

Other comments:

The video of closing as handouts.

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<i>Opening Activities</i>		✓	
<i>Setting</i>		✓	
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>		✓	

Other comments:

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<i>Opening Activities</i>	<i>Very Helpful</i>		
<i>Setting</i>	<i>very Helpful</i>		
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>		✓	

Other comments:

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<i>Opening Activities</i>	✓		
<i>Setting</i>	✓		
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>	✗		

Other comments:

liked The ice breaker a lot

loved The powerpoint presentation

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<i>Opening Activities</i>		✓	
<i>Setting</i>		✓	
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>		✓	

Other comments:

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<i>Opening Activities</i>	<i>Good mixers!</i>		
<i>Setting</i>		<i>Fine</i>	
<i>Sharing Activities</i>		✓	
<i>Journaling / Closure Activities</i>		✓	

Other comments:

Good job & good material. Would have liked a bit more on actually how to implement & make the changes.

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<i>Opening Activities</i>	✓		
<i>Setting</i>	✓		
<i>Sharing Activities</i>	✓		
<i>Journaling / Closure Activities</i>		✓	

Other comments:

also Great Power Point presentation!

Thank You!



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<i>Opening Activities</i>			
<i>Setting</i>			
<i>Sharing Activities</i>			
<i>Journaling / Closure Activities</i>			

Other comments:

I came to learn - I did - Thank you!
I would like to have a sheet containing the
quotes from the screen we saw at the
closing.

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<i>Opening Activities</i>	✓		
<i>Setting</i>			
<i>Sharing Activities</i>	<i>Did not like</i>		
<i>Journaling / Closure Activities</i>			

Other comments:

enjoyed the visual part!